



AGENDA – WHWCNC EDUCATION COMMITTEE MEETING

6 October 2020, 6:30 P.M.

VIRTUAL MEETING BY TELECONFERENCE

VIRTUAL MEETING TELECONFERENCING and PHONE NUMBER FOR PUBLIC PARTICIPATION

In conformity with the Governor's Executive Order N-29-20 (MARCH 17, 2020) and due to concerns over COVID-19, the Woodland Hills-Warner Center Neighborhood Council meetings will be conducted entirely telephonically.

Every person wishing to address the Neighborhood Council must dial +1 669 900 6833, and enter Zoom ID No. 930 6239 0507 and then press # to join the meeting. Instructions on how to sign up for public comment will be given to listeners at the start of the meeting. The public is requested to dial *9, when prompted by the presiding officer, to address the Board on any agenda item before the Board takes an action on an item.

GENERAL PUBLIC COMMENT ON NON-AGENDA ITEMS

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AGENDA

- 1. Call to Order**
 - 2. Pledge of Allegiance**
 - 3. Roll Call**
 - 4. Approval of Minutes, September 1, 2020 Committee Meeting**
 - 5. Public Announcements - (2) minutes per speaker**
 - 6. Public Comment Period (on items not on the agenda): (2) minutes per speaker**
-

7. Items for discussion and possible action:

Item No. (1): LAUSD Hygiene Project

- a. Guest Speaker, Laura Rathbone, Sisters on the Streets
- b. Discussion

Item No. (2): Discussion FY 2021 Budget

- a. WHWCNC Revised FY 2021 Budget
- b. Draft Education Committee Budget

Item No. (3): Pierce College Brahma Pantry Support

- a. Status of Committee Motion
- b. Other Support

Item No. (4): Support of West Valley Occupational Center HiSet Program

- a. Status of follow up with WVOC Administration
- b. Possible HiSet NPG
- c. Other

Item No. (5): Discussion of Possible Projects

- a. Project to Support Girl Scouts
- b. Work with a Non-Profit Organization
- c. Possible Jobs Fair
- d. Possible Zoom Meeting with Local School Principals, re: Effect of Distance Learning

Item No. (6): New Business

Adjournment of meeting:

*RECONSIDERATION AND GRIEVANCE PROCESS - For information on the WHWCNC process for board action reconsideration, stakeholder grievance policy, or any other procedural matters related to this Council, please consult the WHWCNC Bylaws. The Bylaws are available at our Board meetings and our website at www.whcouncil.org

● Survey Findings

The vast majority of students who responded to the *State of the Period* survey have experienced the stress of inaccessible period products. 1 in 5 teens have struggled to afford period products or were not able to purchase them at all. The results of this survey suggest that the practical consequences are clear. More than 4 in 5 teens have either missed class time or know a classmate who missed class time because they did not have access to period products. These physical, emotional, and educational consequences are clear to students, who are increasingly aware of the growing discourse around menstrual equity. The students surveyed expressed the need for stronger advocates who can help ensure that period products are available in their schools alongside basic necessities like toilet paper and soap.



1 in 5 teens

in the US have struggled to afford period products or were not able to purchase them at all.



more than
4 in 5 students (84%)

in the US have either missed class time or know someone who missed class time because they did not have access to period products.

“Having to stuff
my underwear with toilet
paper and worrying about
it caused me so much
more stress in my everyday life.”

Anonymous high school student,
Portland, OR

Access

Students across demographic groups (including age, household income, living in both urban and rural areas, and attending public and private schools) reported a lack of access to period products. The data below therefore pertains specifically to issues of access among the survey participants across the demographic groups accounted for in this survey:

- Two-thirds of teens have felt stress due to lack of access to period products.
- 20% (1 in 5 teens) have struggled to afford period products or were not able to purchase them at all.
- 61% have worn a tampon or pad for more than 4 hours because they did not have enough access to period products (puts them at risk of infection and TSS).
- 84% (more than 4 in 5 teens) have either missed class time or know someone who missed class time because they did not have access to period products.
- 25% (1 in 4 teens) have missed class because of lack of access to period products.
- 83% (more than 4 in 5 teens) think lack of access to period products is an issue that is not talked about enough.

Shame

The majority of teens surveyed reported feelings of shame, self-consciousness, and/or embarrassment about their periods. The following statistics reflect the negative sentiments that follow teens throughout their lives on what is typically a monthly basis, and are a foundation for increased emotional anxiety with numerous potential effects:

- 64% believe society teaches people to be ashamed of their periods.
- 66% do not want to be at school when they are on their period.
- 80% feel there is a negative association with periods, that they are gross or unsanitary.
- 71% feel self-conscious on their period.
- 69% feel embarrassed when they have to bring period products to the bathroom.
- 57% have felt personally affected by the negative association surrounding periods.
- The majority (51%) of students feel like their school does not care about them if they do not provide free period products in their bathrooms.

Education

The data below reflects both the lack of education about periods in schools as well as the educational repercussions when students lack access to period products. The following data points to questions of equity in educating teens in the United States:

- Only 23% of teens said they know what ‘menstrual equity’ means.
- 79% feel that they need more in-depth education around menstrual health.
- 76% think we are taught more about the biology of frogs than the biology of the human female body in school.
- 51% have missed at least part of a class or class period due to menstruation symptoms such as cramps.

● Taking Action

The data here present a compelling argument for the importance of making menstrual products and menstrual health education available to all young people. As organizations dedicated to equity and bodily integrity, Thinx and PERIOD believe that free and readily available access to period products is a fundamental right. We are committed to working with others to transform the landscape around period poverty and ensure products are freely accessible in schools, shelters, and prisons and jails, and are no longer taxed as luxury items. This complex issue with a multitude of effects calls for an integrated response.

On the most fundamental level, more research must be done to better understand period poverty in teens specifically. That's why Thinx and PERIOD are calling on Congress to fund comprehensive impact studies on period poverty's effects on students and their access to education.

On the federal level, we call for the passage of the **Menstrual Equity for All Act** (H.R. 1882), which would improve access to period products in schools, incarceration facilities, homeless shelters, businesses, and public federal buildings as well as allow period products to be covered by Medicaid and pre-tax flexible spending accounts.

Lawmakers must also prioritize medically accurate sex education at the state level to ensure period education is accessible and available for all students by passing the **Real Education for Healthy Youth Act** (H.R. 2720). The bill would ensure Federal funding is allocated to comprehensive sexual health education programs that provide young people with the skills and information they need to make informed, responsible, and healthy decisions. This legislation sets forth a vision for comprehensive sexual health education programs in the United States.

And on the state level, we call for the repeal of the sales tax on period products, ie the “tampon tax”. It puts an unfair financial burden on people with periods in thirty-five states that still categorize period products as “luxury items” and not medically necessary.

The study highlights a serious problem with a solvable solution. When we achieve menstrual equity, people with periods have the freedom to work, study, and participate in society with basic dignity. With menstrual equity, we can all further realize our full potential.

References

1. Tonjanique Evans, Whitney Smith, and Demetria Themistocles, “Periods, Poverty, and the Need for Policy,” *Washington, DC: BRAWS* (2018):32.
2. Anne Sebert Kuhlmann, PhD, MPH, Eleanor Peters Bergquist, MA, MSPH, Djenie Danjoint, MPH, and L. Lewis Wall, MD, DPhil, “Unmet Menstrual Hygiene Needs Among Low-Income Women,” *American College of Obstetricians and Gynecologists*, 2019; Kuhlmann AS, Henry K, Wall LL, “Menstrual hygiene management in resource-poor countries,” *Obstet Gynecol Surv*, 72, (2017): 354–76.
3. Stubbs, Margaret, “Cultural Perceptions and Practices around Menarche and Adolescent Menstruation in the United States,” *The Menstrual Cycle and Adolescent Health*, 1 (2008): 58–66.
4. Valenti, Jessica, “Anti-Abortion Lawmakers Have No Idea How Women’s Bodies Work,” *Medium* (May 15, 2019).

Offering free menstrual products increased school attendance by 2.4%

New York City schools ran a pilot program in 2016 installing tampon and pad dispensers in ten of its schools. The outcome showed a 2.4% increase in attendance. Given schools are funded by the federal government in part by attendance; increased attendance alone is an economic incentive for schools to offer these products for free.

Research conducted by Free The Tampons



Coin operated machines cost MORE to restock compared to offering free tampons from Aunt Flow.

Not only do coin operated machines cost more, they are not useful. Only 10% of women reported having the proper coins available to operate the machine if they were to have an emergency.

*Based on research conducted by the Columbus Public Airport. It was determined that the cost to re-stock the coin operated machines was significantly high due to regulations requiring two people to restock machines that deal with money. The high costs to re-stock the machines were not covered by the mere \$0.25/piece that the machine charged.





\$200/UNIT IF PURCHASED BY
A NONPROFIT OR SCHOOL.
THATS \$100 OFF!

THE MOST EFFICIENT AND SUSTAINABLE SOLUTION FOR PROVIDING FREE MENSTRUAL PRODUCTS



Our delayed dispensing mechanism ensures that over-consumption is limited. Everyone can have access to *needed* product.



Aunt Flow's menstrual products are made with 100% organic cotton and reduce waste by 34% compared to other brands.



With our unique cartridge system, reloading takes seconds. The dispenser holds 5x the amount of product, compared to any other tampon & pad dispenser.

ENVIROMENTALLY FRIENDLY, HYGENIC, EFFICIENT

Material: ABS Resin, anti-rust

Capacity: 50 pads, 100 tampons

Dimension: 26"(H) x 16.25"(W) x 7"(D)

Color: Chrome, White

Mounting: Adhesive and screws included.

Cartridges: Our patent-pending cartridges stack, so there is never a need to throw away a partial cartridge.

Lifetime Warranty: We know that Mother Nature isn't going away, so neither are we. Ask about our Lifetime Warranty.

Product: All Aunt Flow products are made with 100% organic cotton. Unlike Tampax, Aunt Flow tampons and pads have no synthetics, rayon, or dyes.



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NON PROFIT OR SCHOOL. THAT
\$100 DISCOUNT!!!

THE MOST EFFICIENT AND SUSTAINABLE SOLUTION FOR PROVIDING FREE MENSTRUAL PADS



Committed to quality, our
dispensers include a
Lifetime Warranty.



Aunt Flow's menstrual
products are made with
100% organic cotton and
reduce waste by 34%
compared to other brands.



With our unique cartridge
system, reloading takes
seconds. The dispenser holds
8x the amount of pads,
compared to other
dispensers.

ENVIROMENTALLY FRIENDLY, HYGENIC, EFFICIENT

Material: ABS Resin, anti-rust

Capacity: 100 pads

Dimension: 26"(H) x 16.25"(W) x 7"(D)

Color: Chrome, White Accents

Mounting: Mounting plate, with included screws

Cartridges: Our patent-pending cartridges stack, so
there is never a need to throw away a partial cartridge.

Lifetime Warranty: We know that Mother Nature isn't going away,
so neither are we. Ask about our Lifetime Warranty.

Product: Aunt Flow menstrual pads are made with 100% organic cotton.
Comfortable, absorbent regular day pads with wings.



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PRODUCT

PRICE

QUANTITY

SUBTOTAL



CARTRIDGE - 500ct - APPLICATOR
Tampons, 100% Organic Cotton

\$135.00

- 3 +
Delete

\$405.00



CARTRIDGE - 500ct - Pads, 100%
Organic Cotton

\$135.00

- 3 +
Delete

\$405.00

SPECIAL INSTRUCTIONS

ESTIMATE FOR
1500 PADS
1500 TAMPONS
|

\$810.00

Shipping will be calculated at next step

CHECKOUT

Assembly Bill No. 10

CHAPTER 687

An act to add Section 35292.6 to the Education Code, relating to feminine hygiene products.

[Approved by Governor October 12, 2017. Filed with Secretary
of State October 12, 2017.]

LEGISLATIVE COUNSEL'S DIGEST

AB 10, Cristina Garcia. Feminine hygiene products: public school restrooms.

Existing law, with certain exceptions, requires every public and private school, as provided, to have restroom facilities that are open as prescribed during school hours, and at all times to keep every restroom maintained and cleaned regularly, fully operational, and stocked with soap and paper supplies.

This bill would require a public school maintaining any combination of classes from grade 6 to grade 12, inclusive, that meets a 40% pupil poverty threshold specified in federal law to stock 50% of the school's restrooms with feminine hygiene products, as defined. The bill would prohibit a public school from charging for any menstrual products, including feminine hygiene products, provided to pupils. By imposing additional duties on public schools, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that, if the Commission on State Mandates determines that the bill contains costs mandated by the state, reimbursement for those costs shall be made pursuant to the statutory provisions noted above.

The people of the State of California do enact as follows:

SECTION 1. Section 35292.6 is added to the Education Code, to read:
35292.6. (a) A public school maintaining any combination of classes from grade 6 to grade 12, inclusive, that meets the 40-percent pupil poverty threshold required to operate a schoolwide program pursuant to Section 6314(a)(1)(A) of Title 20 of the United States Code shall stock at least 50 percent of the school's restrooms with feminine hygiene products at all times.

(b) A public school described in subdivision (a) shall not charge for any menstrual products provided to pupils, including, but not limited to, feminine hygiene products.

(c) For purposes of this section, "feminine hygiene products" means tampons and sanitary napkins for use in connection with the menstrual cycle.

SEC. 2. If the Commission on State Mandates determines that this act contains costs mandated by the state, reimbursement to local agencies and school districts for those costs shall be made pursuant to Part 7 (commencing with Section 17500) of Division 4 of Title 2 of the Government Code.

Woodland Hills-Warner Center Neighborhood Council - BUDGET 20/21

revised 9/16/20 by Budget Committee

					Monthly		
			Budgeted		Board Vote	Invoiced and Spent	AVAILABLE
			2020 -2021		ALLOCATED		
	OPERATIONS/OFFICE						
	GENERAL OPERATIONS						
		Board Retreat					\$0.00
		Bank Charges, Fees (Union Bank)					\$0.00
		Refreshments-Board Events					\$0.00
			\$0.00				\$0.00
	SPACE RENTAL (MONTHLY MEETINGS & EVENTS)						
	Monthly Meetings						
		American Legion - Board	\$600.00				\$600.00
		St. Bernadine's - PLUM	\$600.00				\$600.00
			\$1,200.00				\$1,200.00
	STORAGE						
		Storage Etc	\$3,000.00				\$3,000.00
			\$3,000.00				\$2,600.00
	PHONE SYSTEMS						
		Grasshopper Phone	\$850.00				\$850.00
		Constant Contact	\$700.00				\$700.00
			\$1,550.00				\$1,550

	COMPUTER - DATA/CELL/SOFTWARE					
	Verizon Wi-fi Hot Spot	\$500.00				\$500.00
	Software Upgrades	\$200.00				\$200.00
	Computer Repairs-Service	\$0.00				\$0.00
		\$700.00				\$700.00
	POSTAGE/MAILING					
	UPS NC Mailbox Rental	\$550.00				\$550.00
		\$550.00				\$500.00
	OFFICE SUPPLIES					
	Supplies and general printing	\$1,000.00			\$308.37	\$691.63
		\$1,000.00				\$691.63
	PRINTING					
	PLUM - ARC Graphics	\$2,000.00				\$2,000.00
	Paper and Ink - NC Printer	\$500.00			\$59.11	\$440.89
		\$2,500.00			\$59.11	\$2,440.89
	OUTREACH – ITEMS & SERVICES					
	General Outreach Funds	\$10,100.00				\$10,100.00
			Flashlights	\$500.00		
			Door Hangers	\$300.00		
			Logo Tent	\$1,000.00		
	Social media	\$300.00				\$300.00
	Warner Center News	\$700.00				\$700.00
	One Generation Senior Event	\$500.00				\$500.00
	Valley Cultural Foundation	\$3,000.00				\$3,000.00
		\$14,600.00				\$14,600.00

	OUTREACH – WEBSITE					
	Upgrades	\$0.00				\$0.00
	Website Updates-Monthly	\$2,100.00	Hosting	\$1,200.00		\$2,100.00
	Website Hosting - BlueHost	\$300.00				\$300.00
		\$2,400.00				\$2,400.00
	ELECTIONS					
	ELECTION FUNDS BUDGETED	\$4,000.00				\$4,000
		\$4,000.00				\$4,000
	200 - NEIGHBORHOOD PURPOSE GRANTS and Community Improvement Projects					
	West Valley Food Bank	\$500.00				\$500.00
	Other <i>(includes \$2,500 to Brahma Pt)</i>	\$5,000.00				\$5,000.00
		\$5,500.00				\$5,500.00
	300 - COMMUNITY IMPROVEMENT PROJECTS					
	Community Outreach Committee	\$0.00				\$0
	Community Services Committee	\$1,000.00				\$1,000
	Education Committee	\$1,000.00				\$1,000
	Environmental Committee	\$1,000.00				\$1,000
	Governance Committee	\$0.00				\$0
	Public Safety	\$1,000.00				\$1,000
	PLUM	\$0.00				\$0

	WHIP		\$0.00				\$0
	Promenade Ad-hoc Committee		\$0.00				\$0
	Homelessness Committee		\$1,000.00				\$1,000
	Public Art Ad-Hoc		\$0.00				\$0
	Public Parks Ad-Hoc		\$0.00				\$0
			\$5,000.00				\$5,000
	TOTAL		\$42,000.00				\$41,182.52

[illegible]